Lakes. 1627.

THE

Countrey-Mans KALENDER:

WITH

A plain Prognostication for the yeare of our Lord

MDCXXVII

Being the third after Bissextile or Leape Yeare.

In plaine English Termes written for the plainest understanding: Yet serviceable for the wisest wits and best capacities, Gathered especially for the ancient City of LINCOLNE.

By THOMAS LAKES.

At Cambridge:

Printed by the Printers to the Vniversitie. 1627.

The Mooveable Feasts.

The *Iulian* or *English* account in Great BRITAIN	1627.	The *Gregorian* or *Romane* account beyond the Sea
Five week. & 1 da.	Frō Christ. to Shrov.	7 weeks, 2 days
Ianuarie xxi	Septuagesima Sunday	*January*
Ianuarie xxviii	Sexagesima Sunday	*February*
February iiij	Quinquagesima Sund	*February*
February xi	Quadragesima Sund.	*February*
March iiij	Mid--Lent--Sundaie	*March*
March x	Care-Sunday	*March*
March xvij	Palme-Sunday	*March*
March xxv	**Easter day**	*April*
Aprill i	Lowe-Sunday	*April*
Aprill xxix	Rogation-Sunday	*May*
May xij	Ascention-day	*May*
May xxij	**Whit-Sunday**	*May*
May xxxi	Trinitie Sunday	*May*
May xxxiij	Corpus-Christi-day	*June*
July viij	Relique-Sunday	*July*
December 9	**Advent-Sunday**	*November*
28 week. sund. 27	Frō Trinit. to Advent	*Sundaies*

Common or vulgar Notes.

xiij	The Golden Number, or Circle of the Moone	xii
xxiij	The Epact, or age of the Moon, the last of Febr.	xi
xij	The Circle of the Sun, or the Sundaies Circle	xii
G	The Dominicall or Sunday-Letter.	C

Of the Termes of Lawe.

Hillary Terme begins *Ian.* 23. Ends *Febr.* 12. The Iudges sit 17 dayes.
Easter Terme begins *Apr.* 10. Ends *May* 7. The Iudges sit 22 dayes.
Trinitie Terme begins *May* 25. Ends *June* 13. The Iudges sit 17 dayes.
Michaelmas Term begins *Octob.* 9. Ends *Novemb.* 28. Iudges sit 43 dayes.

The first and third, twice foure Returnes you waite,
The second five, the last Term holdeth eight.

The Shaddow of the Bodie of MAN, as the parts thereof are said to be governed by the 12 Signes, or imagined figures in the Heavens; or rather, by the variable motion of the Moone *Wandring through those 12 Signes in twenty eight dayes, seven houres, and three quarters.*

♈ Aries the **Head and Face.**

♉ Taurus **Neck and Throate.**

♋ Cancer **Breast, Stomach and Ribs.**

♍ Virgo **Bowels & Belly.**

♏ Scorpio **Secret members.**

♑ Capricornus. **Knees.**

♊ Gemini **Armes & Shoulders.**

♌ Leo **Heart and Backe.**

♎ Libra **Reines & Loines.**

♐ Sagittarius **Thighes.**

♒ Aquarius **Leggs.**

♓ Pisces **the Feete.**

HOw can I stand that am thus ill bestead?
Fish under-foote, and *Ram* set on my head,
Bull, Crab-fish, Woman, Scorpion and *Goate*,
The last my knees doth claime, the first my throate:
And of my left side each will be a sharer,
Twinnes, Lyon, Ballance, Monster, Water-bearer.

Sun riseth the { First day xij min. past viij / vij day iiij min. past viij / xiij day vij mi. before viij / xjx day iij quart. past viij / xxv day xxxiij m. past viij } Setteth { xij min. before iiij / iiij minut. before iiij / iiij minutes past iiij / a quarter past iiij / xxvij minut. past iiij }

i	a	New Yeare.	Secrets	1	30		d	11
ij	b	Oct. Stephen	bladder	2	15		e	12
iij	c	Oct. John	thighes	3	0		f	13
iiij	d	Oct. Innoc.	thighes	3	45		g	14
v	e	Simeon	knees.	4	30		a	15
vj	f	Epiphanie.	knees.	5	15	● New	b	16
vij		1. Sun. aft. Epip.	knees.	6	0	Moone the	c	17
viij	a	Lucian.	legges	6	51	7 day, 6	d	18
ix	b	day 8 hou. 4 m.	leggs	7	42	min. past	e	19
x	c	sig. 15 h. 54 m	feete	8	31	10 before	f	20
xj	d	Sunne Aqu.	feete	9	24	noone.	g	21
xij	e	Prchad.	head	10	16		a	22
xiij	f	Hillarie Bish.	head	11	8	☽ First	b	23
xiiij		Wed comes to	necke	12	0	quarter	c	24
xv	a	Maur. Abb.	necke	12	51	the 14 day,	d	25
xvj	b	Marcel. Pap.	Should.	1	43	at ten be-	e	26
xvij	c	Antho. Abbot	armes	2	34	fore noone	f	27
xviij	d	Cath. S. Petri	breast	3	26		g	28
xix	e	Mar. marth. &c	breast	4	17		a	29
xx	f	Obab. Hillar.	breast	5	9	●	b	30
xxj		Septuagesim.	heart	6	0	full moon	c	Sept.
xxij	a	Wed. is out.	heart	6	45	the 21 day,	d	Pau.
xxiij	b	Term begins	belly	7	32	50 minut.	e	Paul.
xxiiij	c	Timoth. Bish.	belly	8	15	past 9 be-	f	3
xxv	d	Tonb. S. Paul.	reynes	9	0	fore noone	g	4
xxvj	e	Policar. Bish.	and	9	45		a	5
xxvij	f	Quind. Hillar	loynes	10	30	☾	b	6
xxviij		Sexagesima.	secrets	11	15	Last quar.	c	Sexa.
xxix	a	Precp. Retur	secrets	12	0	ter 29 day,	d	8
xxx	b	Appearance.	thighes	12	48	30 min. past	e	9
xxxj	c	Day is 9 h. 20 m.	thighes	1	37	9 morning	f	10

Sun riseth the
First day xjx min. past vij
vij day viij min. past vij
xiij day lv minut. past vj
xjx day xlij min. past v
xxv day halfe an ho. p. vj
Setteth
41 minutes past iiij
52 minutes past iiij
5 minutes past v
18 minutes past v
halfe an houre past v

j	d	Brigct.	Thighes	2	25		g	11
ij	e	Purificatio.	knees	3	14		a	12
iij	f	Craft, Purific.	knees	4	0		b	13
iiij	g	Shrove sund.	legges	4	49	New moon the 5 day, 15 minutes past 11 at night.	Shr	
v	a	Agatha virg.	legges	5	37		d	15
vj	b	Dorothy virg.	feete	6	30		e	16
vij	c	day 9 h. 3 quar.	feete	7	25		Ashw.	
viij	d	nig. 14 h. 1 qu.	Head	8	20		g	18
ix	e	Apollon. Virg.	head	9	15		a	19
x	f	Sun in Pisc.	necke	10	10		b	20
xj	g	Quadrages.	necke	11	5		Qua	
xij	a	Terme end.	shoulders	12	0	First quarter 12 day, 30 minutes past noone.	d	22
xiij	b	Emb. weeke	armes	12	50		e	23
xiiij	c	Valentine.	armes	1	42		Mar.	
xv	d	Faustin mart.	hands	2	30		g	25
xvj	e	Julian Virg.	breast	3	18		a	26
xvij	f	Policiron	breast	4	6		b	27
xviij	g	1. Sun. in Lent	heart	4	54	Full Moor 20 day, 40 min. past 1 in the morning.	Ca	
xix	a	P. Henry borne	bellie	5	42		MA	
xx	b	Wilfred virg.	belly	6	30		c	2
xxj	c	day 10 h. 2. qu.	belly	7	15		f	3
xxij	d	Pet. chair. Ant	reines	8	0		g	4
xxiij	e	Wolfang Fast	reines	8	45		a	5
xxiiij	f	Mathias Ap.	secrets	9	30	Last quarter the last day. at 1 in the morn.	b	6
xxv	g	3. Sun in Lent	secrets	10	15		c	7
xxvj	a	Nestor mart.	secrets	11	0		d	8
xxvij	b	Augustin.	thighes	11	45		e	9
xxviij	c	Epact 23	thighes	12	30		f	10

Sunriseth { First day xxj min. past vj / viij day viij min. past vi / xiij day lvi min. past v. / xix day xlij min. past v / xxv day xxx min. past v } Seteth { xxxix min. past v / ij minutes past vi / iiij minutes past vi / xvij min. past vi / halfe an hour past v }

i	d	David Bishop	knees	1	22		g	12
ij	e	Chadde Bish.	knees	2	14		g	12
iij	f	Maurice.	legs	3	6		d	15
iiij		Mid-Lent.	legs	4	0			
v	a	Eusebius.	legs	4	50		b	15
vi	b	Victorinus.	feet	5	30		e	14
vij	c	Thom. Aquin.	feet	6	4	● New	f	13
viij	d	Felix depos'd	head	6	55	Moone 7	g	11
ix	e	40. Martyrs.	head	7	50	day, at	a	10
x	f	Agapete	necke	8	45	10 before	b	9
xi		Carlmdny	necke	9	40	Noone.		
xij	a	Sunday Vacat	shoulders	10	35		b	12
xiij	b	Theodore.	shoulders	11	30		c	11
xiiij	c	Peter Mart.	breast	12	25	☽ First	d	10
xv	d	Longinus.	breast	1	15	Quarter,		
xvi	e	Cyriacus.	heart	2	5	the 14 day 2	e	9
xvij	f	Edward King	heart	2	50	q[uar]t. before	f	8
xviij	g	Palme Wed	belly	3	35	one in the	g	7
xix	a	Joseph Confes.	belly	4	20	morning.	a	6
xx	b	Cuthbert bish.	belly	5	5		b	5
xxi	c	Benedict abb.	reines	5	50	○ Full	c	4
xxij	d	Aphrodote.	reines	6	4	Moone the	d	3
xxiij	e	Theodorus.	reines	7	34	21 day, at	e	2
xxiiij	f	Easter day.	secrets	8	24	6 at night.	f	1
xxv			secrets	9	18		g	1
xxvi	a	Castor Mart.	thighes	10	10		a	1
xxvij	b		thighes	11	0		b	1
xxviij	c	Dozeth. virg.	thighes	11	50	☾ Last	c	1
xxix	d	Eustach.	knees	12	40	Quarter	d	2
xxx	e	Guidon	knees	1	26	the 29 day.	e	3
xxxi	f	Adelme Bish.	legges	2	12	10 at night	f	4

April hath xxx daies.

Sun riseth the { First day xvii min. past v / viii day iii min. past v / xiii day lv minut. past iiii. / xix day xli min. past iiii / xxv day 30 min. past iii. } Setteth { xlii minutes past vi / lvi minutes past vi / viii minutes past vii / ix minutes past vii / halfe an hor. past vii

i	G	Low-Sund.	Legges	3	0		Low
ij	a	Mon. come in	feet	3	45		b 12
iij	b	Richard bish.	feet	4	30		c 13
iiij	c	Ambros	Head	5	15		d 14
v	d	Martian	head	6	0	● New	e 15
vi	e	Great earthqu	necke	6	50	Moone the	f 16
vij	f	17 yeares since	necke	7	40	5 day, 4	g 17
viij	G	2. Sun. aft. Eas.	shoulders	8	32	min. past 8	a 18
ix	a	Quind. Pasch.	shoulders	9	24	at night.	b 19
x	b	Exc. ret. writ	breast	10	16		c 20
xj	c	Terme beg.	breast	11	8	☽ First	d 21
xij	d	Sunn Laur.	heart	12	0	Quarter	e 22
xiij	e	Leonis Pap.	heart	12	45	the 12 day	f 23
xiiij	f	Julius bishop.	heart	1	30	a quarter	g 24
xv	G	3. Sun. aft. Eas.	belly	2	25	past 11 be-	a 25
xvj	a	Tres Pasch.	belly	3	0	fore noone.	b 26
xvij	b	Exc. ret. writt.	reines	3	45		c 27
xviij	c	day of appear.	reines	4	30	● Full	d 28
xix	d	Viphage mar.	reines	5	15	Moone the	e 29
xx	e	Victor Papa.	secrets	5	0	20 day 22	f 30
xxj	f	Simeon bish.	secrets	6	45	min. past 11	g May
xxij	G	4. Sun. aft. Eas.	thighes	7	30	before	a 2
xxiij	a	Mense Pasch.	thighes	8	15	noone.	b 3
xxiiij	b	Exc. ret. writ.	thighes	9	0		c 4
xxv	c	Marke Evan.	knees	9	45	☾ Last	d 5
xxvj	d	Cletus bishop	knees	10	30	Quarter	e 6
xxvij	e	Anastasius.	legs	11	15	the 28 day,	f 7
xxviij	f	Vitalis Mar.	legs	12	0	5 min. past	g 8
xxix	g	Rogat. Sun.	feet	12	50	11 before	a 9
xxx	a	Wed. gon out	feete	1	44	noone.	b 10

Circumcision

First day xj.s. min. past iij
vij day jx minut. past iij
xiij day ar Foure
xjx day 52 minut. past ij
xxv day ij quart. past ij

Setteth

xlj minutes past v
ij minutes past v
t eight.
iij minutes past vi
a quarter past vi

j	b	Phil. & Iames.	feete	2	38		e	21
ij	c	Appar. of Iu.	feet	3	32		f	22
iij	d	Ascension.	head	4	26		g	23
iiij	e	Crast. Ascen.	neck	5	20		a	24
v	f	Exa. ret. tuzit.	nech	6	14	● New Moone the 5 day, 4 minutes past 3 in the morn.	b	25
vj	g	Ish. Port. Lat.	shoulders	7	8		c	26
vij	a	Terme Ends	shoulders	8	3		d	27
viij	b	Appar. Mich.	breast	8	58		e	28
ix	c	Gregor. Fith.	breast	9	54		f	29
x	d	Dozdian mar.	heart	10	50		g	30
xj	e	Anthony.	heart	11	45	☽ First quarter the 11 day, 5 minutes before mid. night.	a	31
xij	f	Sun in Gem.	belly	12	30		b	32
xiij	g	Whitsunday.	belly	1	15		c	33
xiv	a	Iudoze.	reines	2	0		d	34
xv	b	Sophia virg.	reines	2	45		e	35
xvj	c	Emb. weeke	reines	3	30		f	36
xvij	d	Bern. translat.	secrets	4	15		g	37
xviij	e	Dioscorus.	secrets	5	0		a	38
xix	f	Dunstan bish	thighs	5	40	○ Full moon the 20 day 9 minutes past 3 in the morning.	b	39
xx	g	Trinit. Sund.	thighs	6	20		c	40
xxj	a	Cured cames	thighs	7	10		d	41
xxij	b	Day of Corp.	knees	8	0		e	42
xxiij	c	Octur. of tuzit	knees	8	50		f	43
xxiv	d	Corp. Christi.	legges	9	40		g	44
xxv	e	Germ. begins	legges	10	30	☾ Last quarter the 27 day 30 minutes past 8 at night.	a	45
xxvj	f	Beda Priest.	legges	11	15		b	46
xxvij	g	1. Sun. att. Tri.	feete	12	0		c	47
xxviij	a	Octab. Trin.	feete	12	52		d	48
xxix	b	Exa. ret. tuzit.	head	1	44		e	49
xxx	c	Day of Appa	head	2	36		f	50
xxxj	d	Petron. bis.	necke	3	28		g	51

Sunne rising. First day 4o min. past iij
viij day xxxviij m. past ij
xiij day xxxvj m. past ij
xijs day xxxviij m. past ij
xxv day 4o minut. past iij

Secret. xx minutes past viij
xxiij minut past viij
xxiiij minut past viij
xxij minutes past viij
xx minutes past viij

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							e	1069

Iuly hath xxxj dayes.

Sunne riseth the { First day xlvj min. past iij / vij day liij min. past iij / xiij day at fowre. / xix day xij min. past iiij / xxv day xx min. past iij } Sunne setteth { xiiij min. past vij / v min. past viij. / at viij hr. / clviij min. past vij / xl minutes past vij }

j	G	6 Sun. aft. Tr.	Breast	5	12		E 12
ij	a	Visitat. Mar	breast	6	0	● New	d 13
iij	b	Tho. translat	breast	6	45	Moone	e 13
iiij	c	Processi.	heart	7	30	the 2 day	f 14
v	d	Foe Alleght.	heart	8	15	9 minut.	g 15
vj	e	Oct. S. Petri	belly	9	0	past 7 at	a 16
vij	f	Translation.	belly	9	45	night.	b 17
viij	G	Rel quesim.	reines	10	30		c 18
ix	a	Cyrill Bishop	reines	11	15		d 19
x	b	Brethren	reines	12	0	☽ First	e 20
xj	c	Pius Pap.	secrets	12	45	Quarter	f 21
xij	d	Fabian. Sebas.	secrets	1	30	the 10 day,	g 22
xiij	e	Sun in Leo.	thighes	2	15	37 min. past	a 23
xiiij	f	Translat. Tri.	thighes	3	0	6 in the	b 24
xv	G	Swithin	thighes	3	45	morning.	c 25
xvi	a	Hezek. confess.	knees	4	30		d 26
xvij	b	Rosina	knees	5	15		e 27
xviij	c	Praxedis.	legges	6	0		f 28
xix	d	Dog day beg.	legges	6	52		g 29
xx	e	Marg. Virg.	feete	7	44	● Full	a 30
xxi	f	Praxed. Virg	feete	8	36	Moone	b 31
xxij	G	9. Sun. aft. Tr.	Head	9	28	the 18 day,	A 1
xxiij	a	Apolinaris	head	10	20	ten minut.	b 2
xxiiij	b	Christi.	head	11	12	past 6 in the	c 3
xxv	c	James Apost.	neck	12	4	morning.	d 4
xxvj	d	Annun. Mar	neck	12	56	☾ Last	e 5
xxvij	e	7. Sleepers.	shoulders	1	48	Quarter	f 6
xxviij	f	Samson bish	shoulders	2	40	the 25 day	g 7
xxix	G	10. Sun. aft. Tr.	breast	3	32	53 minutes	A 8
xxx	a	Abdon mart.	breast	4	24	past 7 in	b 9
xxxj	b	Germanus.	heart	5	16	the morn.	c 10

AVGVST hath xxxj daies.

Sun riseth { First day xxxiij m. past iiij / vij day three quar. past iiij / xiij day lvij min. past iiij / xix day viij min. past v / xxv day xx min past v. }

Seteth { xxvij min. past v / a quarter past vij / ij min. past viij / lij min. past vj / xl min. past vj. }

	c	Lammas day.	Heart	6	8	☽ New	f	11	
	d	Steven Pap	belly	7	0	Moone the	g	12	
	e	Indem. Mr.	belly	7	52	first day 35	a	13	
	f	Invbertus.	belly	8	44	minutes	b	14	
	G	Gowries Treas.	reines	9	36	past 4 in	c	15	
	a	Trans. Dom.	reines	10	28	the morn.	d	16	
	b	Donatus bish.	secrets	11	16		e	17	
	c	Ciriact mart.	secrets	12	0	☽ First	f	18	
	d	Roman. mar.	thighes	12	45	Quarter	g	19	
	e	Lauren. mart.	thighes	1	36	the 8 day at	a	20	
	f	Tiburtij mar.	thighes	2	15	mid-night.	b	21	
	G	11. Sonat. Tr.	knees	3	0		c	22	
	a	Euseb. Cont.	knees	3	45		d	23	
	b	Sam. Vvg.	legges	4	30	○ Full	e	24	
	c	Assump. Mariæ	legges	5	15	Moone the	f	25	
	d	Rochi.	legges	6	0	16 day, 20	g	26	
	e	Octa. Laur.	feete	6	52	min. past 5	a	27	
	f	Jacobi mart.	feete	7	44	at night.	b	28	
	G	12 Sonat. Tr.	feet	8	36		c	29	
	a	Bern. Abbot	head	9	28		d	30	
	b	Primastus.	neck	10	20	☾ Last	e	31	SEPT.
	c	Octab. apost.	neck	11	10	Quarter	f	1	
	d	Zache.	shoulder	12	0	the 23 day.	g	2	
	e	Bartho. Apost.	shoulder	12	52	39 minutes	a	3	
	f	Lewis K. Fr.	breast	1	44	past noone	b	4	
	g	Hog. Duk. Eng.	breast	2	36	● New	c	5	
	a	Walkinus.	heart	3	28	Moone the	d	6	
	b	Augustl. bish.	heart	4	20	30 day 48	e	7	
	c	I. B. behead.	belly	5	10	minutes	f	8	
	d	Felix & Innoc.	belly	6	0	past 4 after-	g	9	
	e	Cuthbert.	belly	6	45	noone.	a	10	

Sun riseth {First day xxxv min past v / vij day xlvij min. past v / xiij day at Six / xjx day xvij minut. past vj / xxv day xxxiij m. past vj} Sazeth {xxvii minutes past / xiii minutes past / at Six / xlvii minutes past / xxxvii minut. past}

j	f	Gyles Abbot	reines	7	30		b 12
ij		15. Sun. af. Tr.	reines	8	15		c 13
iij	g	Gregorie.	secrets	9	0		d 14
iv	b	Theodosie	secrets	9	45		e 15
v	c	Bertine	secrets	10	30		f 16
vj	d	Magni	thighes	11	15	☽ First	g 17
vij	e	Nat. Q. Elizab.	thighes	12	0	quarter the	a 18
viij	f	Nat. B. Marie	knees	12	45	7 day 18	b 19
ix		16 Sun. af. Tr.	knees	1	30	minut. past	c 20
x	g	Cyprian.	knees	2	15	6 at night.	d 21
xj	a	Maurice.	legges	3	0		Mat.
xij	b	Maurilius	legges	3	45		e 22
xiij	c	Martilian	legges	4	30	○ Full	f 23
xiv	d	Exalt. Cruc.	feete	5	15	Moone the	g 24
xv	e	Holy Roode	feete	6	0	15 day at 4	a 25
xvj	f	Nichodemus	Head	6	45	in the mor-	b 26
xvij		17 Sun. af. Tr.	head	7	0	ning.	c 27
xviij	a	Lambert bish	necke	7	55		d 28
xix	b	Victorius	necke	8	50		e 29
xx	c	Emb. week.	shoulders	9	45	☾ Last	f 30
xxj	d	Eustac.	shoulders	10	36	quarter	Mic.
xxij	e	Matt. Apost.	breast	11	30	the 21 day	g 1
xxiij	f	Maurice mar.	breast	12	15	6 minutes	Ger.
xxiiij		18 Sun. af. Tr.	heart	1	0	past 7 at	b 2
xxv	a	Androchie.	heart	1	46	night.	c 3
xxvj	b	Arnulp bishop	heart	2	36		d 4
xxvij	c	Cyprian mar.	belly	3	25	● New	e 5
xxviij	d	Cosme & Dem.	belly	4	10	Moone the	f 6
xxix	e	Eusperius.	reines	5	0	29 day 34	g 7
xxx	f	Mich. Arch.	reines	6	0	minut. past	a 8
	g	19 Sun. af. Tr.	reines	6	45	7 in the	b 9
						morning.	c 10

Sunne riseth: past 1 day xxxvi m. past vi / vii day xlviii min. past vi / xxi day at Seaven. / xix day xiii min. past vii / xxv day xxv min. past vii

Setteth: xxiij minutes past v / xii minutes past v at Five / xlvii minutes past iiii / xxxv minutes past iiii

	a	Remigius.	Secrets	7	30		
	b	Leodegar.	secrets	8	15		
	c	Candid.	thighes	9	0		
	d	Francis conf.	thighes	9	45		
	e	K. Charl. returne from Spain.				Ann. 1623.	
	f	Octab. Mich.	knees	11	35	☽ First	
		20 Sun. af. Tr.	knees	12		quarter the	
	a	Pelagius. m.	legges	12	52	7 day at	
	b	Term begin	legges	1	44	noone.	
	c	Berrouis.	feete	2	36		
	d	Burchard.	feete	3	28	● Full	
	e	Walkad bish.	feete	4	20	Moone	
	f	Quind. Mich.	Head	5	10	the 14 day	
		Sun in Scorp	head	6	0	at two af-	
	a	Exc. ret. wyt.	necke	6	52	ter noone.	
	b	Day of appa	necke	7	44		
	c	Ecbeldred.	shoulder	8	36		
	d	Luke Evang.	shoulder	9	28		
	e	Frediswid.	breast	10	20	☾ Laſt	
	f	Tres Michael	breast	11	12	quarter the	
		21. Sun. af. Tr.	heart	12	4	21 day, 4c	
	a	Exc. ret. wyt.	heart	12	50	minut. paſt	
	b	Day of appar.	belly	1	35	4 in the	
	c	Hyacinthe.	belly	2	20	morning.	
	d	Ieffery Chaucer	reines	3	5		
	e	died 227 ye. fin	reines	3	50	● New	
	f	Men. Mic. &	reines	4	35	Moone the	
		Sim. & Iud	secrets	5	20	29 day at	
	a	Exc. ret. wyt.	secrets	6	5	one in the	
	b	Day of appar.	thighes	6	50	morning.	
	c	Quintin.	thighes	7	35		

Sun riseth the { First day 38 min. past vij / vij day, 50 min. past vij / xxij day at eight. / xxv day vij min past viij / xxv day xiij min. past viij } Setteth { xxij minutes past / x minutes past / at fowre, / 53 minutes past / xlvi minutes past }

j	d	All Saints.	Thighes	8	20		
ij	e	Animarum.	knees	9	5		
iij	f	Cruft. Anim.	knees	9	50		
iiij	g	24. Sun.af.Tr.	leggs	10	35		
v	a						
vj	b	Day of Appa.	leggs	12	5	Full	
vij	c	Willibrood ab	feete	1	0	quartile the	
viij	d	Crowned m.	feete	1	55	6 day, 10	
ix	e	Theodor. m.	Head	2	50	min. past 4	
x	f	Mar. Luth. born	head	3	45	morning.	
xj	g	Martin Bish.	neck	4	40		
xij	a	Cruft. Mart.	neck	5	35		
xiij	b	Brice in Sanct.	shoulder	6	27	Full Moon	
xiiij	c	Prer. ret. writt.	shoulder	7	20	the 12 day,	
xv	d	Day of Appa.	breast	8	12	38 minutes	
xvj	e	Edmond dep.	breast	9	4	past 11 at	
xvij	f	Hugon. bish.	heart	9	56	Night.	
xviij	g	25. Sund. af. Tr.	heart	10	50		
xix	a	Oftab. Mart.	belly	11	44	Last	
xx	b	Exc. ret writt.	belly	12	30	quartile the	
xxj	c	Day of Appar	belly	1	15	19 day, 45	
xxij	d	Cecilie Virg.	reines	2	8	min. past 5	
xxiij	e	Clement Pap	reines	2	45	at Night.	
xxiiij	f	Chrisogon m.	secrets	3	30		
xxv	g	26. Sun. af. Tr.	secrets	4	15		
xxvj	a	Quind. Mart.	secrets	5	6	New	
xxvij	b	Exc. ret. writt.	thighes	6	0	Moone the	
xxviij	c	Lenne ends	thighes	6	45	27 day, 52	
xxix	d	Saturn. Fast	knees	7	30	min. past 7	
xxx	e	Andrew Ap.	knees	8	15	at Night.	

Dammable Gunpowder Plot discovered.

DECEMBER hath xxxj dayes.

Sun riseth at { First day xx min. past viij / vij day xxij min. past viij / xvij day xxiiij m. past viij / xix day xxii min. past viij / xxv day xix min. past viij } Setteth { xl min. past iij. / xxviij min. past iij / xxvi min. past iij / xxviij min. past iij / xxix min. past iij }

j	f	Eligius bish.	knees	9	0		
ij	g	Advent Sun.	legges	9	45		
iij	a	Cassianus m.	legges	10	30		
iiij	b	Barbara virg.	feete	11	25		
v	c	Sabba Abbat	feete	12	0	☽ First quartile the 5 day 3 min. past sixe at Night.	
vi	d	Nicholas bish.	Head	12	50		
vij	e	Ambrose bish.	head	1	42		
viij	f	Conc. Mariæ.	necke	2	34		
ix	g	2. Sun. in Ad.	necke	3	26		
x	a	Eulalia virg.	shoulders	4	18		
xi	b	Damasi Pap.	shoulders	5	10		
xij	c	Sun in Cape,	breast	6	0		
xiij	d	Lucia virgin.	breast	6	52	Full Moone the 12 day, 30 minutes past 9 Mor.	
xiiij	e	Michallus.	heart	7	44		
xv	f	Malertian.	heart	8	36		
xvi	g	O Sapientia.	heart	9	28		
xvij	a	Lazarus.	belly	10	20		
xviij	b	Christopher.	belly	11	12		
xix	c	Emb. weeke	secretnes	12	4	☽ Last quartile the 19 day, 23 min. past 10 morning.	
xx	d	Julian.	Fatnes	12	50		
xxi	e	Thom. Apostle	secrets	1	35		
xxii	f	10 Martyrs.	secrets	2	20		
xxiii	g	3. Sun. in Adv	secrets	3	5		
xxiiij	a	Ignat.	Fat thighes	3	50		
xxv	b	Nat. CHRIST	thighes	4	35		
xxvi	c	S. Steven.	knees	5	16	● Newe Moone the 27 day, 40 min. past 2 afternoone.	
xxvij	d	S. John Evan.	knees	6	0		
xxviij	e	Innocents.	knees	6	45		
xxix	f	Thom. Cant.	legges	7	30		
xxx	g	1. Sun. aft. Chr.	legges	8	15		
xxxj	a	Silvester Pa.	feet	9	0		

	b	12					
	c	13					
	d	13					
	e	14					
	f	15					
	g	16					
	a	17					
	b	18					
	c	19					
	d	20					
The							
	f	22					
	g	23					
	a	24					
Chri							
Stev							
Iohn							
Inno							
	f	29					
	g	30					
	a	31					
Iani							
	b	1					
	c	2					
	d	3					
	e	4					
	f	5					
Epip							
	g	7					
	a	8					
	b	9					
	c	10					

The plainest way that can before any Man to know the
time of the Tyde or full Sea in all the Ports and
Havens here under-named.

VPon every day in every Moneth, in the first space of figures doe shew the time of the Tyde at Lin, Humber, &c. for every day. And when you would know the time of the Tyde at any other place here under-named, behold many houres, and minutes stand either before or after the line wherein you find the place you desire, so many houres and minutes is the Tyde at that place, either before (if the figures stand before;) or after (where the figures stand after) the time which you finde in the Kalender.

Our example makes it plaine, viz. The first day of January in the Kalender, I finde 1 houre 20 min. that day full Sea at Lin, Humber, &c. Now I desire to know the time of the Tyde at Barwicke, Oft-end, Scarborough, &c. I finde before whose names two houres and a quarter; therefore I say it is there full Sea two houres and a quarter before one a clocke and 20 minutes, that is, a quarter past 11. And for Orfordnesse, I finde three houres after one, and 20 minutes, therefore the same day it is there full Sea, halfe an houre past four.

	The names of the Havens.
5 1 quart.	Aberden, Redban, Rochester, Malden,
4 2 quart.	Gravesend, Downes, Romney, Tenet, Rambins.
3 3 quart.	Dundee, S. Andrew, Lisborne, Silly, Mart, S. Lucar
3 houres.	London, Tinmouth, Hartlepoole, Amsterdam, Gotten
2 1 quart.	Barwick, Oft-end, Scarber Fount. Flamber Flushing
1 2 quart	Frith, Leigh, Dunbar, Lawr. Bloy, Mouth. Egmon.
0 3 quart.	Falmouth, Foy, Garnsey, Severn-mouth, Waterford.

The Tydes at Lin, Humber, Weymouth, &c. are those
writ all, Lanion, Foulacsse. in the Kalender.

Milford, Bridgewater, Northcoast, Tavell, Exmater.	0 3 quart.
Portland, Peterport, Harflew, Hayne, Blanch.	1 2 quart.
Orbury poole, Orwell, S. Hellen, Flee, Eames, Embden.	2 1 quart.
Needles, Deepe, Casker, Lux, Lenam, Orford, Layston.	3 houres.
Yarmouth, Bullstine, Dover, Harwich, Wight.	3 3 quart.
Rye, Callice, Calshot, Winchel, Gorrend.	4 2 quart.
Quinborough, Southampton, Portsmouth, Wellow.	5 1 quart.
	6 houres

Lakes. 1627.

A Plaine Prognostication for this present Yeare, 1627.

Wherein are contained those speciall Rules which are most requisite for thy profit and pleasure.

BY

THOMAS LAKES
A lover of the Arts Mathematicall.

At Cambridge:
Printed by the Printers to the Vniversitie. 1627.

A plaine instruction, for the better understanding of the Termes, or Times of Lawe, with their Returnes, before mentioned in the Kalender.

IN every yeare there be foure Times or Termes for proceeding in Lawe. And every of those Termes hath Severall Returnes: and to every Returne are foure dayes, which serve for three Severall uses, and have three Severall names, (viz.)

The first day whereof, in Hillarie Terme, is Octabis Hilarij, the eight of Hillarie, which is the day of Essoines, for the defendant in a personall action, or the Tenaunt in a reall action to be Essoined.

The second is the day of Exception, for the plaintife to lay an Exception (if no Essoine be past) that the defendant shall not be Essoined.

The third is Returna Brevium, that is, the day of the returne of the writte, by the Sheriffe.

And the fourth is the day of Appearance, both for the parties and Juries.

1 Note, whensoever the Essoine day, or day of Exception falleth upon a Sunday; then the Exception, and Returna Brevium, hold both in one day. For Essome, and Exception, cannot hold both one day, nor Returna Brevium, and Appearance. And in this case each Returne hath but three dayes in Court.

2 Note further, that Purification of Marie, commonly called Candlemas day; Ascention day, called Holy-Thursday; Corpus Christi, which is the Thursday after Trinitie; Iohn Baptist called Midsommer; and All Saintes, called Allhallowne day, are no dayes in Court: for on those dayes the Judges sit not in Westminster.

3 Note also, that if a Capias, Exigent, Scire-facias, or Distringes, be executed by the Sheriffe or his Officers, after

eft

the bay of Bloyne, is is neither justifiable, nor warrantable.

4 Lastly, Note that in the Starre-Chamber, Chauncery, Exchequer, Court of wardes, Court of requests, and Court of common pleas, their processe are returnable upon these returnes.

A perfect and plaine description of a Yeare, Moneth, and Day, according to the Common Lawes of *England*.

A Yeare, or Twelve-moneth, (in the singular number) includes the whole yeare according to the Kalender. Therefore, note the difference, when the Statute doth account by the yeare, halfe yeare, or quarter: and when by the Moneths. For a yeare, halfe-yeare, or quarter, shalbee accounted according to the Kalender, and by the dayes in the Kalender, and not after twentie eight dayes to the moneth. But twelve moneths (in the plurall number) or eight moneths, six moneths, or three moneths, &c. shall bee accompted for twentie eight dayes to every moneth. For the moneth (by the common Law of England) hath but twentie eight dayes. And so wherein,

3 Moneths	84	831. the	quarter yeare	91	182	dai.
6 Moneths	168		halfe yeare	182		
12 Shall but	336		yeare or 12 mo.	365		

Tec centum, ter viginti, cum quinque diebus
Sex Horas, neque plus, integer annus habet.

Three hundred, thrice twentie, with five dayes, here,
Sixe houres, no more, are in a whole yeare.

And for these five houres, the Law giveth no regard to them. But yet those 6 hours, in every foure yeares doe make a day, which day is put and accompted in Februarie, betwixt Policarp, and Matthy, and so maketh every fourth yeare a leape yeare. Therefore every leape yeare containeth in it 366 dayes, that is, thirtie dales more then

are conteined in twelue moneths, which will make 13 monethes, and two Lapes.

Iudgery leape yeare the 24 and 25 dayes of February, in all pleas and suits of Law, shall bee accompted but as one day, 21 Hen: 3.

A Note for the yeare of our Lord.

Whensoeuer, in an Indictment, or other writing, or Verdict it shall bee set downe, or the writing shall bee dated, Anno Dom. 1627; It must bee accompted according to the computation of the Church of England, which beginneth the yeare upon the five and twentieth day of March.

This accompt is Legall onely in England. But for History, or forraine accompts, you must beginne the yeare the first day of Ianuarie, according to the Kalender.

Of a day Legall.

A day in the Law consisteth of 24 houres, and beginneth at midnight, and is contained betweixt midnight and midnight.

Of the Night Legall.

The night is from Sunne-setting to the Sunne-rising, 51 Henry 7; and so it is confirmed, by the night watch which is to bee kept yearly from the Ascension day till Michaelmas, every night from Sunne-setting untill Sunne-rising, 13 of Edward the first.

Yet in an Indictment or other writing in the Law, that part of the night from midnight to Sunne-rising, and from Sunne-setting to midnight, must bee part of the same day betweene those times.

Of Houres.

An houre is the twentiefourth part of a naturall day. And one houre is devided into threescore equall parts called minutes. Wherefore 45 make three quarters of an houre, 30 minutes make halfe an houre, and 15 minutes make a quarter of an houre.

Of

Of the Times when Marriages are said to bee forbidden, by the Ancient Romane Canons.

Adventus Domini bids refraine:
And Septuagesima saies thee nay.
But Hillarie sets thee free againe:
And good Low-sunday saies thou may.
Rogation wanderers bids thee tarrie:
But holy Trinitie bids thee marrie.

The foure dayes { this yeare appointe for the Ordination of Ministers, are { February, 18. / May the 20. / September 23. / December 23

Of the fifte day of November.

The fift of November to bee kept holy, and warning thereof to bee given by the Minister, the Sunday before.

And upon every the said fift day, after morning praier or Sermon, the Statute for the same, shall bee plainely read in publique by the Minister. 3. Iames, Chap. 1.

Of Numbers.

A plaine direction for those that are ignorant; whereby they may understand all such Numbers as are contained in this Booke.

First, learne to know these nine figures { j. ij. iij. iiij. v. vj. vij. viij. ix. / 1. 2. 3. 4. 5. 6. 7. 8. 9.

Then learne what each figure standeth for in his several place, accompting from the left hand. As for example, In this number, 1627. the figure of seaven in the first place is no more in value but himselfe, that is 7: but two in the second place is ten times two, that is 20: So in the third place is one hundred times himself, that is so many hundred, and one in the fourth place is so many thousands: that is, one thousand, six hundred, twentie and seaven.

This rule is to bee observed in all other numbers.

An eaſie way to find the Golden number, or Prime, which is the circle of the Moone.

The old Rule is, Adde one to the yeare of our Lord, then divide that totall ſumme by 19. and the remainder is the Golden Number.

But many deſire this who have no skill in diviſion. Therefore use this plaine Table, which (for any yeare ſince Christ, or hereafter to come,) will ſhew the Golden Number.

Yeares of Christ.	Golden Number want 1	Yeares of Christ	Golden Number want 1.	Yeares of Christ	Golden Number want 1.
1	1	20	1	300	15
2	2	30	11	400	1
3	3	40	2	500	6
4	4	50	12	600	11
5	5	60	3	700	16
6	6	70	13	800	2
7	7	80	4	900	7
8	8	90	14	1000	12
9	9	100	5	2000	5
10	10	200	10	3000	17

The uſe whereof is thus, firſt finde the yeare of Christ as neere as you can, leſſe then the yeare you deſire, note the Golden Number for that yeare: then find another yeare, untill you have your juſt number of yeares: which had, then put all their Golden Numbers together, and thereto adde or put one more; that ſumme (if it be not above 19) putting one thereto is the Golden Number you deſire: but if it bee above 19, then caſt away 19, and that which remaineth is it. As for Example, this yeare 1627, I finde in the Table the yeare of Christ 1000, the Golden Number 12: againe, for the yeare of Christ 600, I finde the Golden Number 11: thirdly, for the yeare 20, I finde the Golden Number 1: laſtly, for the yeare 7, I finde the Golden Number, 7. All theſe do make 31, from the which caſt away 19, the remaine is 12, to that put one, you have the Prime, 13.

A plaine and breife way to finde the Cycle, or Circle, of the Sunne, and thereby the Dominicall or Sunday letter, and Leape yeare for any time.

THe old rule is, adde nine to the yeare of our Lord, then divide that summe by 28, and the remaine is the Cicle of the Sunne. But many men want the Art of division: Therefore, make use of this plaine Table.

Yeares of Christ.	Cycle of the Sunne 9	Yeares of Christ	Cycle of the Sunne 9	Yeares of Christ.	Cycle of the Sunne 9
1	1	20	20	300	20
2	2	30	2	400	8
3	3	40	12	500	24
4	4	50	22	600	12
5	5	60	4	700	28
6	6	70	14	800	16
7	7	80	24	900	4
8	8	90	6	1000	20
9	9	100	16	2000	12
10	10	200	4	3000	4

The use whereof is thus: First finde the yeare of Christ as neere as you can, lesse then the yeare which you desire, note the Cycle for that yeare; then finde another yeare, &c. until you have your just number of yeares; which had, put all those numbers together (if they exceed not 28) putting thereto 9, it maketh the Cycle for the yeare you desired; but if it bee above 28, then cast away 28 and that which remaineth is the Cycle of the Sunne, all that yeare.

As for Example, this yeare 1627.

I finde in the Table, the yeare of Christ 1000, the Cycle 10. Againe, for the yeare of Christ 600, I finde the Cycle 12. Thirdly, for the yeare 20, I finde the Cycle 20. Lastly, for the yeare 7, I finde the Cycle 7. All these doe make 59, from the which cast twice 28, the remaine is 3, to that put 9, you have the Cycle 12.

The Cycle of the Sunne being found (as before) thereby you may here see the Dominicall letter and leape yeare for ever.

Cycle,	1.	2.	3.	4.	5.	6.	7.	8.	9.	10.	11.	12.	13.	14.
Sund. let.	F.	E.	D.	C.	B.	A.	G.	F.	E.	C.	B.	A.	G.	E.	D.
Leap. year	G		B.		D		F.							
Cycle.	15.	16.	17	18.	19.	20.	21.	22.	23.	24.	25.	26.	27.	28.
Sund. let.	C.	B.	G.	F.	C.	D.	B.	A.	G	F.	D.	C.	B.	A.
Leap. year.		B.			C.			E.						

This is most plaine, you see the Cycle 12, Sunday letter is G, and it is the third after leape yeare, &c.

A most Readie and plaine Table to finde Easter day for ever, by the Golden number, and Sunday letter.

G.N.	A	B	C	D	E	F	G
j	Apr. 9	Apr. 10	Apr. 11	Apr. 12	apr. 6	apr. 7	apr. 8
ij	Mar. 26	Mar. 27	Mar. 28	Mar. 29	Mar. 30	Ma. 31	apr. 1
iij	Apr. 16	Apr. 17	Apr. 18	apr. 19	apr. 20	apr. 14	apr. 15
iiij	Apr. 9	Apr. 3	Apr. 4	Apr. 5	apr. 6	apr. 7	apr. 8
v	Mar. 26	Mar. 27	Mar. 28	Mar. 29	Mar. 23	Ma. 24	Ma. 25
vj	Apr. 16	Apr. 17	Apr. 11	Apr. 12	apr. 13	apr. 14	apr. 15
vij	Apr. 2	Apr. 3	Apr. 4	Apr. 5	apr. 6	Ma. 31	apr. 1
viij	Apr. 23	Apr. 24	Apr. 25	Apr. 19	apr. 20	apr. 21	apr. 22
ix	Apr. 9	Apr. 10	Apr. 11	Apr. 12	apr. 13	apr. 14	apr. 8
x	Apr. 2	Apr. 3	Mar. 28	Mar. 29	Mar. 30	Ma. 31	apr. 1
xj	Apr. 16	Apr. 17	Apr. 18	Apr. 19	apr. 20	apr. 21	apr. 22
xij	Apr. 9	Apr. 10	Apr. 11	Apr. 5	apr. 6	apr. 7	apr. 8
xiij	Mar. 26	Mar. 27	Mar. 28	Mar. 29	Mar. 30	Ma. 31	Ma. 25
xiiij	Apr. 16	Apr. 17	Apr. 18	Apr. 19	apr. 13	apr. 14	apr. 15
xv	Apr. 2	Apr. 3	Apr. 4	Apr. 5	apr. 6	apr. 7	apr. 8
xvj	Mar. 26	Mar. 27	Mar. 28	Mar. 22	Mar. 23	Ma. 24	Ma. 25
xvij	Apr. 16	Apr. 10	Apr. 11	Apr. 12	apr. 13	apr. 14	apr. 15
xviij	Apr. 2	Apr. 3	Apr. 4	Apr. 5	Mar. 30	Ma. 31	apr. 1
xix	Apr. 23	Apr. 24	Apr. 18	Apr. 19	apr. 20	apr. 21	apr. 22

The

The use of the Golden number, and Dominicall or Sunday letter.

THe speciall use whereof is to finde the moobeable Feasts for any yeare, either past, present, or to come. For, having found the Golden Number, and Dominicall letter, behold the former Table where you shall find the Golden Number on the left hand, and the Dominicall Letter in the head of the same table; therefore in the same line of the Golden Number, and right under the Dominicall Letter, you see what day of the moneth Easter day shall fall that yeare.

Example this present yeare 1627.

The Golden Number was (by the former rules) found to bee 13, and the Dominicall Letter G; now in the 13 line, right under G, you finde March 25. Therefore I conclude Easter day this yeare to bee the 25 day of March.

Againe, the next yeare, that is, 1628, the Golden number will bee 14, the Cycle of the Sunne 13, therefore the Dominicall Letter E, (being leape yeare;) to that lo obing in this table in the line of 14, right under E, I finde Easter day to fall in April, the 13 day.

And take this for a generall rule,

The same day 7 weekes	before / after	Easter is	Shroveſunday / Whitſunday.	
3 fortnight before	Shroveſunday / Whitſunday	is	Sepruageſima. / Rogation ſunday.	
And the ſunday after	Shroveſunday / Whitſunday	is	Quadrag-ſima. / Trinitie ſunday.	

A rule to know the Epact, which is the age of the Moone the 28 of Februarie.

Whensoeuer the Golden Number is 3, 6, 9, 12, 15, or 18, then the Epact is the same.

The Golden Num.	1	2	4	5	7	8	10	11	13	14	16	17	19.
The Epact is	11	22	14	25	17	28	20	1	23	4	26	7	29.

Of

Of the foure Quarters of this Yeare, 1627.

Of the Winter Quarter.

This Winter Quarter (caused by the motion of the Sunne) began the eleventh day of December, in the last yeare 1626, at five of the clocke at night.

The Sunne then entring into the cold frosty Signe of Capricorne: Hee being then furthest from us, towards the more Southerne inhabitants of the earth; and therefore making our dayes at the shortest, and so consequently, our nights at the longest; that is to say,

The length of the day then with us about Lincolne, is 7 houres, and 12 minutes.

And the length of the night, is sixteene houres, three quarters, and three minutes.

This Quarter continueth fourescore and nine dayes, whilest the Sunne passeth through Capricorne, Aquarius, and Pisces.

This Quarter is of nature cold and moist, of the phlegmatique complection, like to old age: for in this time, the moist and warme sapp of trees, and all plants, are descended to their rootes, there to keepe and cherish them, untill the all-quickning Sunne shal approach neater to our climate, giving (as it were) a new life to all vitall Spirits.

This Quarter is like to begin with Snow, yet much variable: with many sudden changes, more foggie then ordinarie, and much overflowing of waters, especially about the middle of January, are to be feared.

The sicknesses incident to this Quarter, are Stitches, Crampes, Toothach, Coughs, Palsies, Headach, Ach in the breast, side, and lornes, with other griefes breeding of Phlegme.

Of

Of the Spring Quarter.

This Quarter (according to Astronomical account) beginneth this yeare the tenth day of March, a quarter of an houre past six of the clocke in the evening, the Sunne then entring into Aries, making then equall day and night in all parts of the world: that is, twelve houres day, and twelve houres night.

This Quarter continueth foureteene and thirteen daies, which is the time of the Sunne his progresse through these three Signes, Aries, Taurus, and Gemini.

This time is of nature hot and moist, of the Sanguine complexion, inclined to flourishing youth.

The Pleiades, or seaven Starres, now watering the late frozen earth with their sweete influentiall dewes Iob 38. 31.

This Spring is like to be moist and forwards enough, promising great plentie of fruits, if Eastwinds about the beginning of May, be not over sharp, blasting the tender fruites, and breeding Caterpillars, &c.

This is a very meete time to take Phylicke (yet not without advice of the learned) and to purge both the body and mind from all offensive humours.

The diseases subject to this Quarter naturally, are Agues, Squinancies, Coughes, Hoarsenesse, Ach in the Joynts, Plurisies or overflowing of blood, Swellings or Swimmings in the head, Itches, Biles, Morfils, and such like, &c. Therefore temperate and charitable are now (especially) to be used. These will prevent dangers and preserve memorie.

He that doth strive good memorie to keepe
Must not have many cares, nor want of sleepe,
Much Drinke, much Meate, at Supper chiefly, shunne
And end with Venus when thou hast begunne.
Keepe short thy Haire, from water keepe thy Head
And meditate on good things in thy Bed.

Of

Of the Summer Quarter.

Summer beginneth the eleventh day of June, about vi of the cloche at night, the Sunne then entring into the first degree of Cancer; her being then at his nearest vnto vs, making the day at the longest, and the night at the shortest.

That is to say, the length of the day from the Sunne rising to the Sunne setting (about Lincolne) doth contain fifteen houres, three quarters, and three minutes.

And the length of the night is seaven houres and twelve minutes.

But to those that inhabite in the Southerne parts of the world, as neere to the South pole as wee are here to the North, their day is the length of our night, and their night is the length of our day; and so it holdeth at all times of the yeare, both increasing, and decreasing, as our dayes and nights continually are either decreasing, or increasing. As you may well perceive, by the Sunne rising and setting every day.

This quarter continueth vntill the 12 day of September, whilest the Sunne mooveth through the signes of Cancer, Leo, and Virgo.

This quarter containeth in it the space or time of fourescore and fourteene dayes.

It is by nature Hot, and like the middle Age of man, what time all things are in their chiefe perfection.

In this time wee are most subject to choler, which breedeth hot and dangerous sicknesses: as burning Fevers, Vomites, running eyes, with salt humours, paine in the Eares, Blisters, Swelling tumours, Sore mouthes, and immoderate heate, with grievous paine in the head, and inflammations, &c.

Those Herbes and Meates, which cooling are, then use:
Much Drink, strong Wine, hot waters now refuse.

Of

Of the Harveſt Quarter, or Fall of the leafe.

The thirteenth day of September at noone beginneth the fall of the leafe, or the ſitting of Barnes, commonly called Harveſt quarter, or rather Harveſt-home. The ſunne then entring into Libra, maketh againe the day and night both of one equall length through the world.

This quarter continueth vntill the eleaventh day of December, containing fourſcore and nine dayes.

This time is naturally cold and dry, inclined to old age, inclined to melancholie: a fit time, either now or neuer, to prouide for winter; for hee that now laboureth not, in winter hath not: ſuch is the courſe and ſtate of mans life. Times and ſeaſons come and goe, and to euery thing there is an appointed time: this is the time to gather, and winter commeth, a time to ſpende.

The diſeaſes of this quarter are opilations of the Spleen, dropſies, conſumption, coſtiuenes, ach in the Ioynts and Muſcle-boones, called the Sciatica, ſhort breath, fretting in the Bowells, and ſuch diſeaſes as breed of melancholie.

This is a time of the yeare indifferent good for the taking of Phyſicke, if need doe ſo require.

But, beware of vnskilfull Quacke-ſaluers, Leaches for Swine, and womens medicines, made and miniſtred without Art. Yet (good ſoules, Kinde Creatures, mans helpe) they meane well, therefore take their good meaning, but not their gay medicine: perſeuer me ſay thus much in their commendations, they are the beſt comforts on Earth that man can haue in diſtreſſe; for Kitchen-phyſicke, they haue excellent compounds: for chamber comforts, they haue dainty receipts: they are the Phyſitians beſt hands maids, and the ſicke-mans ſole comfort (next vnder God): none ſo fit to furniſh him with all neceſſaries, nay (in confeſſion) none ſo readie to relieue him in all extremities.

In all this world none is ſo kinde vnto Man
As that ſelfe Creature, made of him call'd Woman.

Theſe

Chosen times for taking of Medicine and letting of Blood.

FOrasmuch as the bodie of man is daylie subject to many diseases, and infirmities; for the prevention as well as the cure thereof, great care and diligence are required.

Therefore I have thought it convenient to give these few rules here ensuing, both for Bleeding, Purging, Bathing, Sweating, and Diet.

Notwithstanding I wish thee not to use them but as necessitie shall inforce, and then also not without counsell of the best learned, most experienced, and most kind Physition.

For, the Bodie (whilest man here breatheth) is the case of the Soule, and whosoever hath a Jewell of good esteeme, preserved and kept in a case, her will make a singular accompt of that case, so much the more as he doth esteeme of the pretious Gemme therein contained.

But of all Jewells, of what value soever they can be, none are comparable to that inestimable and most dear redeemed Jewell, the Soule of man.

Therefore, by how much the more pretious it is to be kept, &c. what an unrecoverable losse it is, if it should perish, so much the more are wee bound, to have an unspeakeable care, for the safe keeping, and perpetuall preservation thereof, to farre forth, as (by any meanes possible) may lie in our power.

And first for preservatives, to keepe the Bodie in health have a respect to the state of the bodie in these three times, Age of the patient, Complexion, and constitution of the Bodie. Wherein also consider the time of the years.

The Age is divided into foure parts, (that is to say) The first, called Youth, thrice seaven yeares, that is untill hee be twentie and one. The next, Mans state, from 21 to fortie and two. The third Age, from 42, untill hee bee three score and three. The last, called decrepite Age, from 63, to fourescore and foure.

The complexion is divided into foure parts, (viz.) 1 hot and dry, 2 cold and dry, 3 hot and moist, 4 cold and moist.

The constitution of the Bodie is devided into two parts, (viz.) first a Bodie ouer grosse, 2 a bodie ouer leane.

The time of the yeare is divided into foure parts: (viz.)
1 Spring, which is the best time for medicine: 2 Harvest, or fall of the leafe, which is indifferent.
3 Summer, which is a time too hot } both ill.
4 Winter, which is a time too cold }

The vse of these followeth in their places

Therefore, first faithfully, and circumspectly is to bee considered, and certainly knowne the cause. As,

Whether it bee needfull, and good to the patient, as that it bee to purge the Bodie of some unnaturall, bad, and superfluous humour offending

So in letting of blood (without due consideration first had) may bee great danger, and may open the way to many grievous infirmities.

And note this generally, that it is not convenient either for a very weake and leane man, or for a very fat and grosse man to bee let blood; neither for a child under 14 yeares of age, nor an old man above fifteene yeare.

Now remaineth to bee considered how it is with the patient inwardly, for his age, and complection:

And outwardly, for the time of the yeare, time of the moneth, time of the day, and diet.

For his age.

Let blood in his
- Youth, from the change to the first quarter.
- Middle age, from the first quarter to the Full.
- Elder age, from the Full to the last quarter.
- Old age, from the last quarter to the change.

For the complection.

Let blood in
- Phlegmaticke, the Moone in Arier, or Sag.
- Melancholie, the Moone in Libra, or Aquar.
- Cholericke, the Moone in Cancer, or Pisces.
- Sanguine, the Moone in either of these.

The

The time of the moneth to bee choſen.

Let blood { Youth, under 24, in the firſt weeke / Mans ſtate, under 36, in the 2 weeke / Elder age, under 48, in the 3 weeke / Age, under 56, in the fourth weeke } of the

The time of the moneth forbidden.

Let not blood { The moone in Taurus, Gem. Leo, Virgo, or Cap. / The day before nor after the Change, and Full. / Twelve houres before and after the quarters. / The moone with Saturne, or Mars, evill aſpected.

The time of the Day.

You may open a veine in the morning, faſting, and after a good digeſtion, an houre or two after the Sunne-riſing, the aire temperate, &c.

The Quantitie of Blood.

Draw ſuch a quantitie of blood, as ſhall bee thought fit by the learned Phyſitian, &c.

Diet after Bleeding.

A draught of good Clarret wine with a toaſt is tolerable. Uſe meates of a light digeſtion: and,

Sleepe not preſently, Moove not violently,
Uſe no venery, But feede thou warily.

Cautions to bee obſerved.

Notwithſtanding for the Phrenſie, the Peſtilence, the Squinancy, the Pluriſie, the Apoplexie, continuall headach proceeding of choler, or blood, a hot burning Feber, or any other extreame paine; In this caſe a man may not tarry a choſen time, but incontinently, with all convenient ſpeede, hee is to ſeeke his remedies: But then blood is not to bee taken away in ſo great a quantitie, as if a choſen time might bee reſpected.

Yet once againe I counſell thee, to doe nothing herein without good advice of ſuch as are both learned, and without feare of gaine by thy loſſe.

Of

Of Purging.

Being thou doest Purge, take a preparative (according as the nature of the humour offending shall require) three dayes.

And upon the day of purging, walke not into the open ayre until the medicine have fully wrought, &c.

Take Preparatives	the ☾ in	Gem. Libra, or Aquarius.
Purge by vomit		Aries, Taurus, or Capric.
Purge by neezing		Cancer, Leo, or Virgo.
Purge by Glisters		Aries, Libra, or Scorpio.
Take Gargarism.		Cancer, or Aries.
Stay the vome & flux		Taurus, Virgo, or Capric.
Purge with Electu.		Cancer.
Purge with Potion		Scorpio.
Purge with Pills		Pisces.

Of Bathing.

The moone in { Libra, or Pisces, Bath for cleanlinesse. Aries, Leo, & Sagit. Bath in cold diseases. Cancer, Scorpio, & Pisces, Bath in hot diseases.

Thy Bathing past, with warm'th thy Bodie dry,
And in cleane Bed, two houres maist thou lye.

Of Sweating.

In sweating, as in Bathing use all skill;
If cold thou take, the danger is as ill.

Of Digestion.

When thou doest wish to have a good Digestion,
Then use these things, observing thy Complexion.

Cholerick	Sanguine	Melancholy
Chichory	Pyslope	Tamarisk
Endive	Margerom	Time
Lettuce	Fennell roots	Pyslope
Purcelaine	Parsley roots	Hartstounge
Violets	Smalach root	Capares
	Sperach roots	Epithimum.

Directions for Husbandmen,

According to the time of the yeare best fitting ye Climate, and the nature of the soyle, which experience will shew better then any generall rules of Art: for difference of climates and soyles, require difference of time.

And sometimes in all your husbandly affaires, you may bee directed and ouer-ruled, by the variable seasons of the times, and mutations of the weather:

As in fallowing, and sted time, for the auoiding of weeds, you have grounds which if you doe salve them early, the weed will ouergrow all your corne; and by consequence the last sowne prooueth the best.

Againe, you have some grounds, that if you doe not sowe them very early, they will neuer bring the seed thereof sowne to any perfection: and the more wet the season prooueth, the more weeds your land breedeth.

These considered you may obserue these Rules.

Plant, and graft, the Moone increasing, that is, from the change to the full, shee being in the signes of Taurus, and Aquarius.

Fell Timber for building, to have it the more firme, and free from wormes, when the Sappe is declining; for then the timber being most dry, it will bee sooner seasoned, and there is no iuyce or moisture for the worme to breed or feede upon; and this time is, betweene Lammas and Christmas.

Fell Coppice, and Fewell to burne, where you would have the roote to spring with new supplies, in Ianuarie, Februarie, or March: and in the first weeke of the Moones age; that is, from the change to the first quarter.

Cut your vines in Februarie, or March, about the last quarter of the Moone, when the sappe is at the lowest: for about the Full Moone or change, the vine is subject to bleeding, which endangereth the life thereof.

Remedy

Remoove Trees, and Hedges, about the laſt quarter of the Moone, in the moneth of November: and take it before you take them up, that you marke which did ſtand ſouthwards, and ſet them againe the ſame way; for that ſide which hath alwaies ſtood toward the warme ſouth parte, ſo ſo tender as it will not well indure to bee replanted towards the cold and nipping North.

Gather fruites, and flowers, as neere as you can to the time of the Full Moone, for then have they moſt iuice, being then moſt full of iuyce.

But if you would have fruits to keepe long, then ſee them not bee ober ripe upon the Trees: and gather them about the firſt or laſt quarters of the Moone.

Gather herbs, to dry, or bſe, when they beginne to flower, about the full Moone, in a dry day, when the Sonne hath taken off the dew; and after dry them by meane to keep in the ſhadow, for the Sunne (in the drying) will extract their ſpirit, wherein conſiſteth their vertue.

A generall Rule.

The winde being Eaſt, or Northeaſt, it is an ill time to Plant, Graſt, or cut any thing, which doe deſire to ſet proſper and flourish afterwards.

Geld, or Kibbe Cattell, when the Weather is neither too hot, nor too cold, and the Moone being in Aries, Taurus, or Capricorne.

Shearе Sheepe, and cut Haire in a temperate Weather ſeaſon, the moone increaſing.

Make made of Barley, in the Moneths of June, July, or Auguſt, muſt have in the Caſte, Floore, Steeping, and drying, fourteene houres, at the leaſt; and in any other time of the yeare three weekes, at the leaſt.

The ground where of any title will be made, muſt bee digged, harrowed up, before the firſt of November; and the ſame earth, turned and turned, before the firſt of February; and wrought, before the firſt of May.

The

The Naturall Qualities of the seaven Planets.

SAturne is of nature cold and dry, enemie of nature, malicious and envious, destroyer of life: and of the life her goverueth the right Eare, the Milt, and the Bladder: and of humours the Melancholis.

Iupiter is Hot and Moist, Loving, Sanguine, ruling over the Lungs, the Sides, and Grissles.

Mars is Hot and Dry, Cruell, Cholericke, and of the body of man is attributed unto him, the left Eare, the Veins, the Genitories.

The Sunne is Hot and Dry, Loving, giving life and light unto all naturall vertues, and of the parts of man, he ruleth the Braine, the Marrow, the Sight, the Sinewes, and generally all the members on the right side of the Body.

Venus is Cold and Moist, Loving, Phlegmatick, and of the Bodie she goverueth the Back-bone, the Buttocks, and the lower parts of the Belly.

Mercurie alwaies taketh part of the nature of the planets, with which hee is conjoyned, or neerest unto, for with the good, hee is good; and with the evill, hee is evill like wise, especially in an oppositon to them, or when he beholdeth them with a square aspect.

The Moone is Cold and Moist, Loving, Phlegmatick, her effects are manifest, shee hath dominion over all moistures, Seas, and all things of watrie nature; and in the bodie of man over the Stomach, the Belly, the left Eare and of women, &c.

Note also, that Iupiter and Venus are called good and fortunate; but Iupiter is the greatest good fortune, and Venus the least of good fortunes.

Saturne, and Mars, are called unfortunate; but Saturne is the greatest unfortunate, and Mars the least.

The Sunne and Moone are called meane, or betweene both, that is to say, neither fortunate nor unfortunate, but indifferent. Loe thus Art hath their severall Natures shewne;
But where they worke, and when, to God is knowne.

A Philosophicall discourse, worth thy Reading.

Of Shooting and falling Starres.

A Noylie exhalation, being drawne by the force of the Sunne from the Earth into the upper part of the lowest region of the Aire, and there gathered into a round heape, being kindled, or set on fire there, it is by the sudden cold of the middle region beaten back, and so it appeareth as though a Starre should fall.

But it is evident that the Starres of the Firmament cannot fall; for God hath set them fast for ever, Psalme 148.

Of *ignis fatuus*, or foolish fire, which in the night time appearing, is said to lead men out of their waies, into waters, &c.

This fire, or kinde of light, is an exhalation, kindled by violent moouing; when in the lowest region of the aire, it is beaten downe, by cold in the night, then seeking to rise, it is sent downe againe, and so daunceing up and downe, being behol'den of any man, both with feare, and a continuall looking after it, hee forgetteth his way; and then, beeing once out, his feare is increased, and so hee wandereth he knoweth not whither, to Waters, to Pits, and other dangerous places: But at length hee may happe on the way home, and when hee is come, hee will tell you a wonderfull tale, how he hath been led about with a spirit, in the likenes of fire, &c.

The generall profit of Windes.

The profit of all windes (by the wonderfull wisdome of the Eternal God) is exceeding great unto his creatures; for, the windes alter the weather, some bringing raine, some drought, and some frost and snow, which all are necessarie. Yet is there an universall commodity, that riseth by the only moouing of the aire, which, were it not continually stirred as it is, then would it soone putrifie, and beeing putrified would bee a deadly infection to all that habe breath upon the Earth, &c. This good and much more doe wee receibe by the winde, whose sound wee heare, and know not from whence it commeth, nor whither it go eth, Iohn 3. The

The generall profit of Thunder.

The effect of Thunder is profitable to men, both for that the sweete shower doth followe it, and also for that it purgeth, and purifieth the aire, by the swift moving of the exhalation that breaketh forth, as also by the sounde, which dividing and perceing the aire, causeth it to bee much thinner, and therefore the more purer.

The Signes of Circles, about the Moon, or Starres.

Circles whole and rounde, like a rainbow, are signes of tempests and windes: and the winde shall blow from that quarter where the circle beginneth first to breake.

A great circle about the moone, in Winter, betokeneth great cold and frost to follow soone after.

But if it vanish away suddenly, it is a signe of faire weather. If it bee broken in peices, then follow tempests. If it war altogether thicker, and darker, then followeth raine. Two or three circles at once portend tempest: if they bee reddish they shew winde to come, if broken and rockie, looke (in winter) for snowe: and the more darke, or dimme they appeare, of the more force are their effects.

Infallible signes of Raine,

If in the morning, Sky or Sunne bee Red,
Or at the night, in Cloud hee makes his Bed;
When Sunne or Moone lookes pale, or seeme too great,
Or Lamps, and Lights doe sparck, and Stoves doe sweate;
If Sunne bee early seene, Starres few in sight,
The winde at South, no dew to fall i'th night;
If windes doe often change, and Frogs are Crying,
The Bees in haste unto their Hives are flying,
When Fleas, and Flyes, full sore begin to bite,
And Birds, and Beasts, have greedie appetite;
When Seelings crack, and Pecocks cry amaine,
Soone after looke for tempest, or for raine.

FINIS.